

SAFE QADAM

CHSEQ MAGAZINE
VOL-1

FY-23

ACHIEVEMENTS

CELEBRATIONS

SUCCESS STORY

GAME PAGE



SAFE QADAM

CHSEQ

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Safety Drawing Competition

SAFE QADAM

EDITOR'S NOTE

Welcome to our company's first-ever safety magazine! We're thrilled to embark on this journey of promoting Health, Safety, and Environment within our workplace, and we promise to keep it engaging and informative.

Safety doesn't have to be dull and repetitive. We believe in infusing enthusiasm and positivity into our approach. Alongside serious matters, our magazine will bring a refreshing perspective to the significance of staying safe.

Here, you'll find valuable insights, practical tips, and inspiring stories, all delivered in an enjoyable and relatable manner, making safety a topic that everyone can connect with.

We hope this magazine resonates with you and sparks a renewed enthusiasm for a safe and secure working environment. Stay tuned for future editions, where we'll continue to deliver content that educates, entertains, and reinforces the importance of safety. Let's make safety fun together!



Editor and Creative
Designer

EDITORIAL TEAM



Contributor



Publisher



Contributor

CEO'S MESSAGE



Dear Reader,

The launch of the Safe Qadam publication signifies our ongoing commitment to upholding the culture of safety in the workplace. This platform will not only help reinforce how we continue to make safety a topmost priority across the Company, but it will also help showcase your contribution to it.

We take great pride in our safety record and are continuously improving our safety policies and procedures. We recognize that a safe workplace is not only an ethical responsibility but also a critical aspect of our Company's success.

I urge everyone to remember that it is our collective duty to make the environment safe for ourselves, our colleagues, and our loved ones. Whether it is by identifying potential hazards, reporting safety concerns, or appreciating consistent adherence to safety by individuals and teams, we all have a role to play in making Safety First our mission.

By continuously improving on our safety processes, we can make KE a Zero Accident workspace.

CEO, K-Electric

MEET

Head Corporate HSEQ

Talking to Head CHSEQ makes one realize that success and growth in life are not linear. Sheer hard work, perseverance, coupled with the right attitude can take one places. In this edition, we proudly showcase Head CHSEQ, a compassionate and dedicated safety professional, as we explore a focused perspective from his interview.



1. How do you think holding a high pressure job has impacted your personality and to what extent?

Ans: Being in a high-pressure job has positively shaped my personality. I firmly believe that a certain amount of pressure is essential as it propels me to achieve my utmost potential and pursue excellence. It serves as a driving force, motivating me to go beyond expectations in my work.

2. What, in your opinion, is the initial prerequisite for accident prevention?

Ans: In my opinion, the initial prerequisite for accident prevention is exercising common sense. It is essential to recognize that nobody can enforce safety upon you; it starts with a personal commitment.

3. What advice or recommendations would you give to individuals looking to prioritize accident prevention and enhance safety in their respective environments?

Ans: Stay vigilant and prioritize safety by keeping your loved ones in mind before taking any action. Be aware of potential hazards in your environment and take proactive measures to mitigate risks, ensuring the well-being of yourself and those around you.

AWARDS & RECOGNITION

INTERNAL AWARDS

At KE, safety is a priority, and we value our employees' efforts. Our Reward System includes monthly Safety Awards for exceptional safety contributions in the field. We promote a zero accident culture with the Zero Accident Award for accident-free Business Units. Additionally, the PSLA award recognizes outstanding safety performance in audits. Together, we build a safer workplace through acknowledgment and encouragement.



EXTERNAL AWARDS



In the year 2022, our efforts in sustainable development were recognized as we proudly received the Sustainable Development Impact Award. Additionally, our commitment to health, safety, and environmental excellence was acknowledged with a prestigious certification.



CELEBRATIONS SAFETY WEEK

“Hifazat Muqaddam, Apnay liye...Apno ke liye”



Safety Week Kick off Cake
Cutting Ceremony



Safety Week Emergency
Response



Safety Week at KE is an annual feature that focuses on creating awareness on the importance of safety in the workplace. This year, KE celebrated this week from 13th Feb till 17th Feb. Safety slogan for this year 2023 was “Hifazat Muqaddam, Apnay liye...Apno ke liye”. To promote the culture of Safety, a wide range of activities and events were designed over 4 different themes, namely “Electrical Safety”, “Road Safety”, “Emergency Preparedness” and “Wellbeing 360”.



CELEBRATIONS QUALITY WEEK



World Quality Week in November celebrates quality management professionals and their impact on products, processes, and communities. KE proudly joined the celebration, recognizing our quality teams and their commitment to excellence. Activities like Quality Pledges engaged staff and CXOs, from November 7th to 10th, 2022.

World Quality Week

November 7 - 11, 2022

Celebrating our commitment to delivering outstanding quality

#MayaarHamaraMaqsad



CELEBRATIONS ENVIRONMENT WEEK



During the initial week of June, KE enthusiastically participated in the globally recognized World Environment Week. Our primary goal was to inspire constructive shifts in individual behaviors, workstyles, and consumption choices. Significantly, we underscored the importance of reevaluating waste generation methods, treatment processes, and disposal practices. Through this concerted effort, we reaffirmed our dedication to fostering a more sustainable and environmentally conscious future.

CELEBRATIONS FIREFIGHTERS' DAY

On the occasion of International Firefighters' Day on 4th May 2023, CHSEQ fire safety team has conducted Emergency Response Exercises that involved firefighting & Evacuation Drills based on different scenarios to extend its salute to all the brave fire fighters for their determination. While we express our gratitude to our firefighters on this day, we also urge every member of the KE family, from the management to the frontline workers, and our valued customers, to play an active role in fostering a fire-safe environment. By staying vigilant, adhering to safety guidelines, and reporting potential hazards promptly.



FIRE SAFETY HIGHLIGHTS

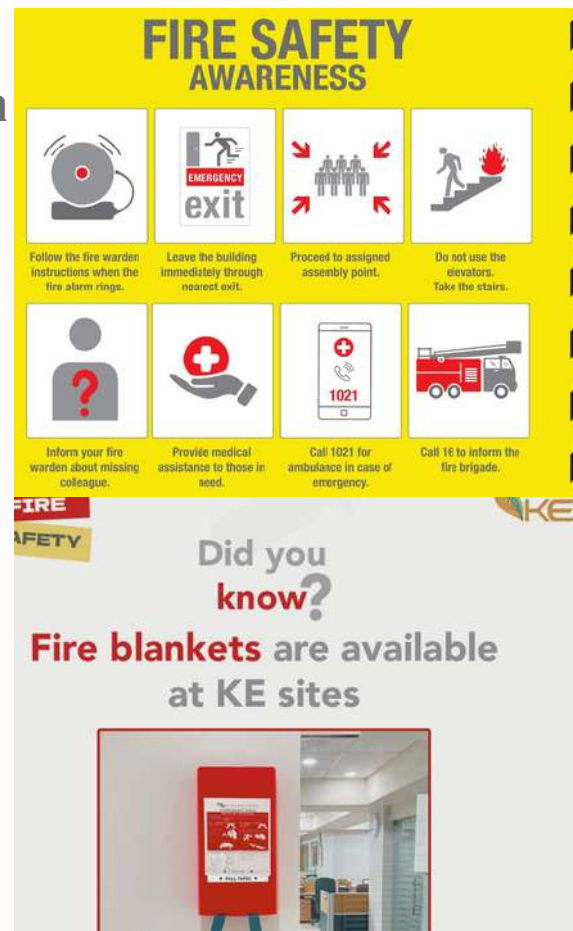
SCBA

SCBA Donning and Doffing Procedure (approved & communicated)

Legal Fire Register

Developed Legal Fire Risk Register

With a resolute focus on protecting their valued workforce, CHSEQ has introduced a groundbreaking initiative that is set to revolutionize fire safety practices across its vast network of over 300 fire safety blankets, meticulously installed at every KE location, this groundbreaking development heralds a new era of unparalleled protection. With an unwavering determination to prioritize employee well-being.



FIRE SAFETY SESSIONS FOR PUBLIC AWARENESS AS WELL AS FOR KE EMPLOYEES



CORPORATE ENVIRONMENT HIGHLIGHTS



Corporate Environment Section in CHSEQ is KE's dedicated section for ensuring compliance with the applicable national and provincial environmental laws and regulations during planning, construction and operational phases and maintaining Environmental Sustainability Management system in all BUs with the cooperation and support of Environmental Sustainability Committee members.

CORPORATE ENVIRONMENT HIGHLIGHTS



Quarterly Meeting of Environment
Sustainability Committee



EEA 2022



Environment Sustainability Week



CORPORATE QUALITY HIGHLIGHTS

5S Campaign
Conducted

Quality Perception
Survey Conducted

Corporate QA
Policy Published

Process
Optimization
Program launched

Quality Governance
Structure Established

Capacity
Development
Program launched



In a truly historic year, our newly formed Quality Assurance Section within the CHSEQ department has surpassed all expectations, introducing a series of groundbreaking initiatives. From the visionary Corporate QA Policy and the fortified Quality Governance Structure to the transformative Capacity Development Program, we have set a new standard for excellence. Our stellar efforts continue with the celebrated World Quality Week, the enlightening Quality Perception Survey, the innovative Process Optimization Program, and the flourishing 5S campaign, adding an extra touch of brilliance to our triumphant journey. Witness the metamorphosis of excellence as it unfolds within these remarkable pages of our magazine.

CXOS CONDUCTED GEMBA WALKS



CORPORATE QUALITY HIGHLIGHTS



Quality Session with BU Generation at KPC



Doing Quality Workshop



Capacity Building Workshop



Doing Quality Workshop

HSE SYSTEM ENHANCEMENT

P

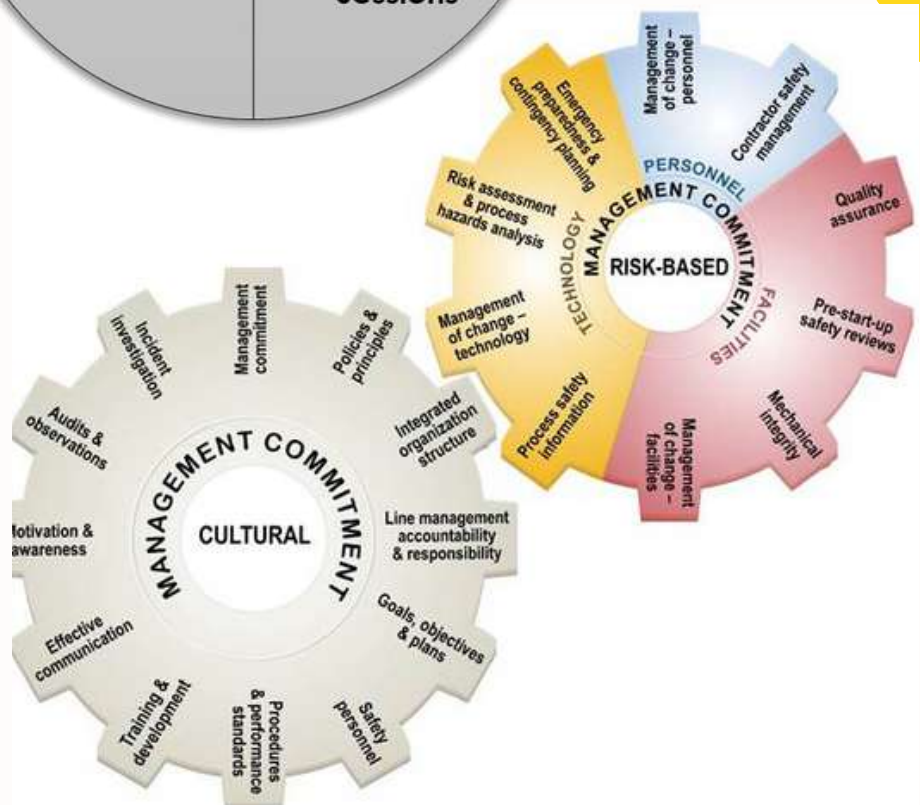
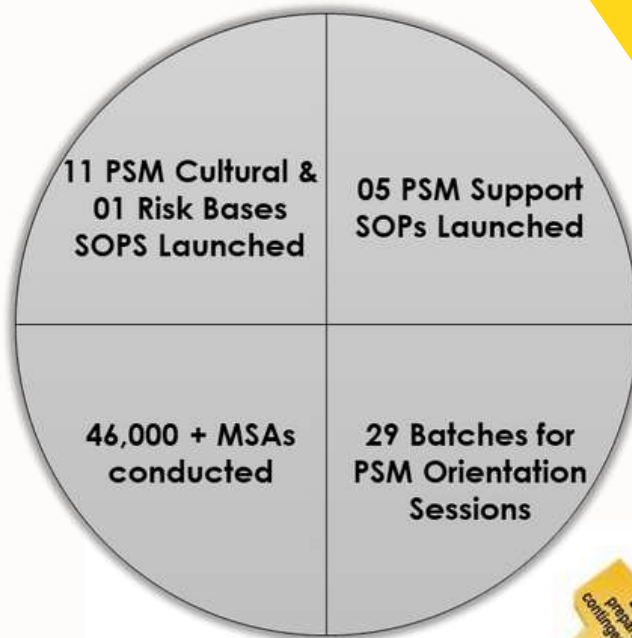
Process

S

Safety

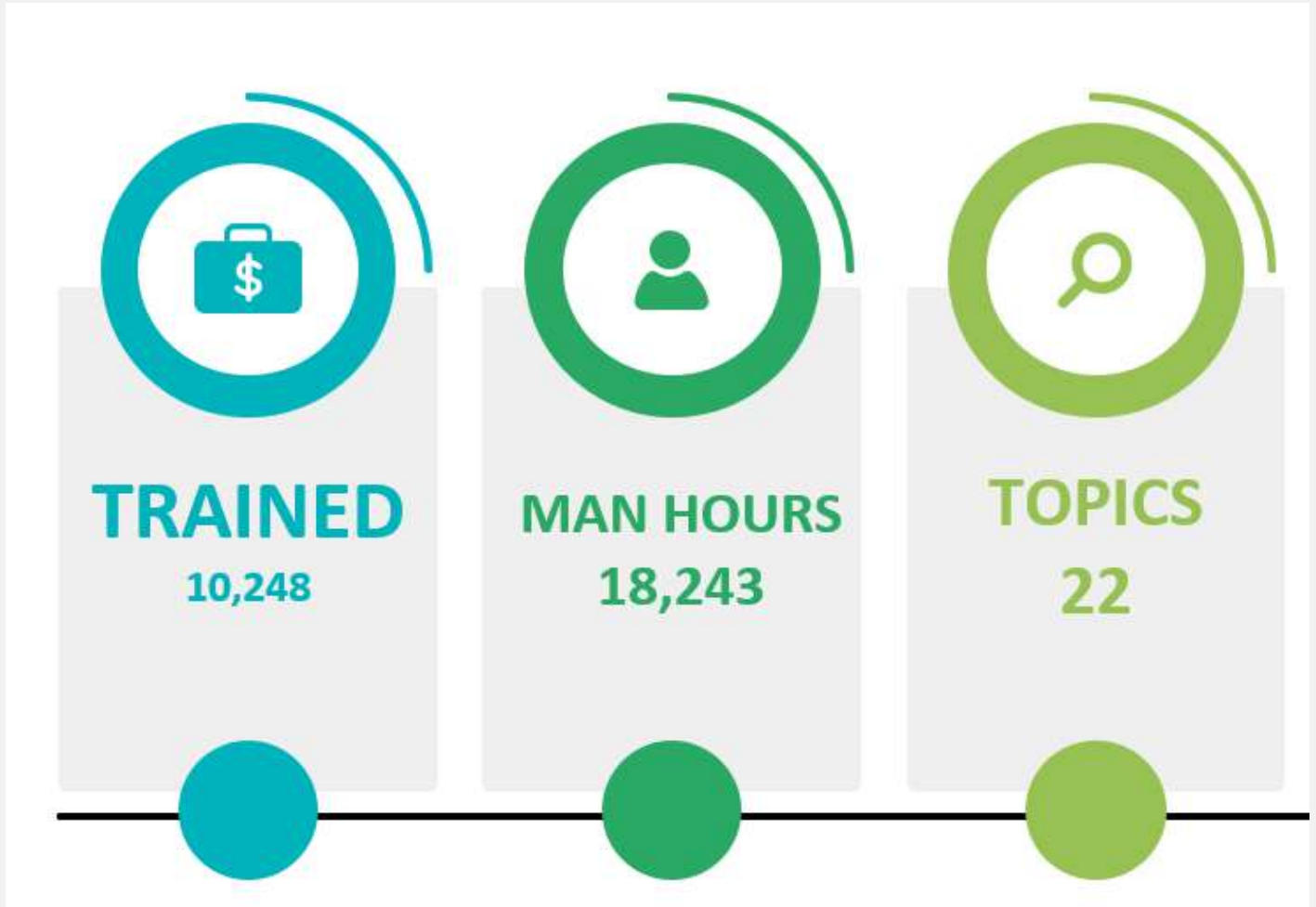
M

Management



KE has strategically chosen to implement the DuPont Process Safety Management System as part of its ongoing commitment to enhance its Safety Management System and ensure a safer work environment for its employees and contractors. To achieve this objective, a thorough Gap Assessment was conducted in April 2021 by DuPont Sustainable Solutions (DSS). Based on the findings of this assessment, a comprehensive three-year Action Plan was devised to enhance the safety management systems and drive continuous improvement throughout the organization.

CHSEQ TRAININGS



Throughout the year, we have orchestrated a series of highly successful training programs aimed at enhancing the skills and knowledge of our valued employees. A remarkable milestone was achieved as an impressive 10,248 employees completed these enriching training sessions, displaying their unwavering dedication to professional growth and development.

With wholehearted participation from all Business Units, including BU Distribution, BU G&T, Enabling, and CHSEQ, these programs collectively accounted for an astounding 18,243 man-hours. This impressive commitment reflects our unwavering dedication to fostering employee development and investing in their future.

TRAININGS



Defensive Driving



IFC Training



PSM Session in Distribution



PSM Session in Distribution



HSE Awareness



HSE Awareness IM



PSM Session



PSM Session

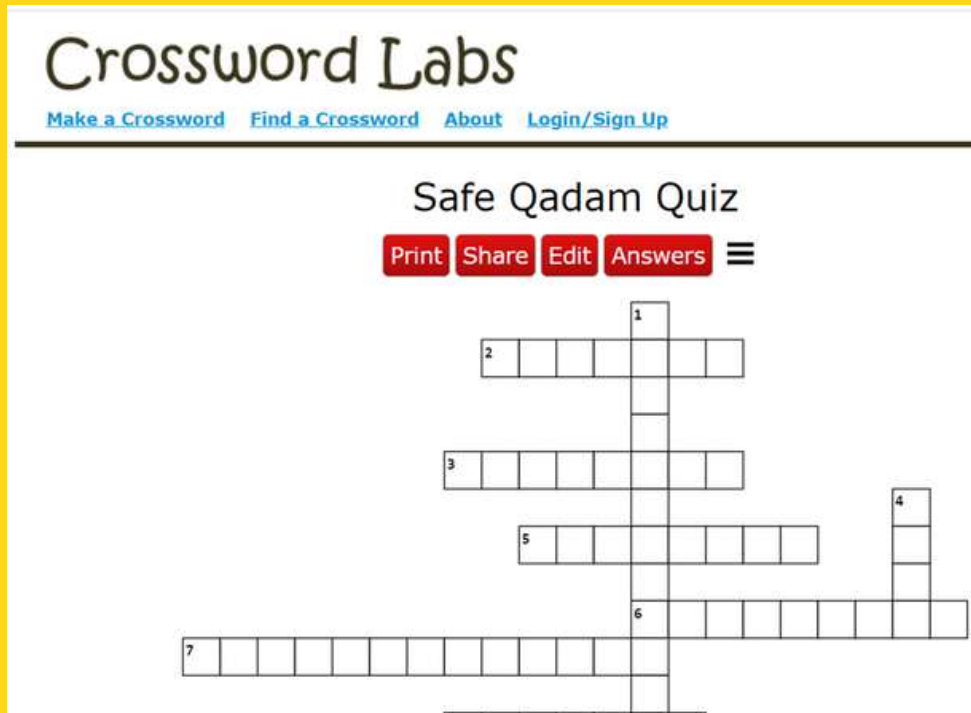


PSM Session



PSM Session

PLAY



1. The process of assessing risks and taking actions to reduce them

4. This device protects against electrical over currents

9. A natural process that traps heat in the earth's atmosphere

2. A process to ensure that products or services meet quality standards

3. An emergency response plan to evacuate people from a building or area

5. A set of immediate medical actions taken to assist an injured person

6. An Emergency device that contains water for extinguishing fires

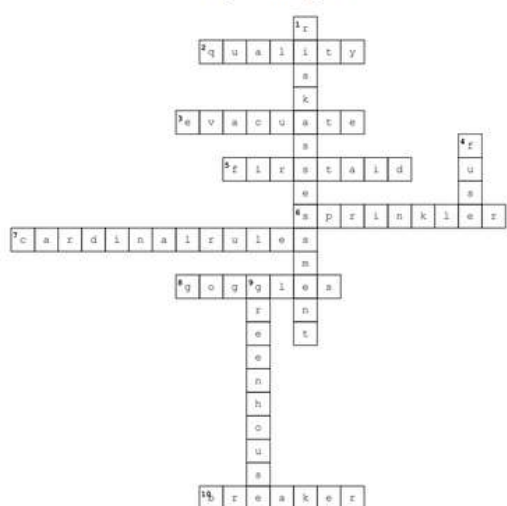
7. Eight Golden Rules of HSEQ

8. A piece of equipment used to protect the eyes from hazardous material

10. A type of safety switch that automatically cuts off power during electrical faults

Answers

Safe Qadam Quiz



TO PLAY ONLINE
CLICK BELOW URL

Quiz: <https://crosswordlabs.com/view/safe-qadam-quiz>



نظم

کرو جان کی حفاظت اپنے لیے اپنوں کے لیے
کیوں کہ حفاظت ہے مقدم اپنے لیے اپنوں کے لیے
کرو جان کی حفاظت

جب تم گھر سے کام کو نکلو لے کے خدا کا نام
رب سے کرو تم عہدِ حفاظت اپنے لیے اپنوں کے لیے
کیوں کہ حفاظت ہے مقدم اپنے لیے اپنوں کے لیے
کرو جان کی حفاظت

پی پی ای، ایس پی ای، ٹی بی ٹی اور ٹی آر آئی سی کا کرو صحیح استعمال
کرو سیفٹی کارڈینیٹر کی ہدایت کا پورا خیال
کیوں کہ حفاظت ہے مقدم اپنے لیے اپنوں کے لیے
کرو جان کی حفاظت

کرو خطرات سے آگاہ رکھو عوام الناس کو محفوظ
عبادت ہے یہی اور فرمانِ الہی بھی
بچایا جس نے انسان کو، کلِ انسانیت کو بچایا ہے
یہی منظورِ رب، درسِ محمد ﷺ اور منشورِ کے ای بھی
کیوں کہ حفاظت ہے مقدم اپنے لیے اپنوں کے لیے
کرو جان کی حفاظت



MEET THE TEAM CHSEQ